Heather Holm’s *Bees*

**Sun loving perennials  
Spring**

Anemone Canadensis (Canada Anemone)

Antennaria neglecta (Field Pussytoes)

Polemonium retans (Jacob’s Ladder)

Late Spring   
Baptista lactea (Wild White Indigo)

Lysimachia ciliata (Fringed Loosestrife)

Packera paupercula (Balsam Ragwort)

Pentstemon digitalis (Smooth Beardtongue)

Thalictrum dasycarpum (Tall Meadow Rue)

Tradescantia bracteata (Long-Bracted Spiderwort)

**Summer**

Achillea millefolium (Common Yarrow)

Agastache foeniculum (Anise Hyssop)

Allium cernuum (Nodding Onion)

Asclepias incarnata (Swamp Milkweed)

Asclepias syriaca (Common Milkweed)  
Asclepias tuberosa (Butterfly Milkweed)

Campanula americana (American Bellflower)

Campanula rotundifolia (Harebell)

Chelone glabra (White Turtlehead)

Dalia purpurea (Purple Prairie Clover)

Echinacea pallida (Pale Purple Coneflower)

Echinacea purpurea (Purple Coneflower)

Eupatorium perfoliatum (Common Boneset)

Eutrochium maculatum (Spotted Joe Pye Weed)

Eupatorium perfoliatum (Common Boneset)

Eutrochium maculatum (Spotted Joe Pye Weed)

Helianthus gigantus (Giant Sunflower)

Heliopsis helianthoides (False Sunflower)

Liatris aspera (Rough Blazingstar)

Lobelia siphilitica (Blue Lobelia)

Lysimachia ciliata (Fringed Loosestrife)

Monarda fistulosa (Wild Bergamot)

Monarda punctata (Spotted Beebalm)

Parthenium integrifolium (Wild Quinine)

Pycnanthemum virginainum (Virginia Mountain Mint)

Ratibida pinnata (Yellow Coneflower)

Rudbeckia hirta (Black-Eyed Susan)

Senna hebecarpa (Wild Senna)

Verbena hastata (Blue Vervain)

Verbena stricta (Hoary Vervain)

Veronicastrum virginicum (Culver’s Root)

**Late Summer**

Helenium autumnale (Sneezeweed)

Helianthus maximiliani (Maximilian Sunflower)

Phystostegia virginiana (Obedient Plant)

Solidago rigida (Stiff Goldenrod)

Solidago speciosa (Showy Goldenrod)

Symphyotricum lanceolatum (Panicled Aster)

Symphyotricum novae-angliae (New England Aster)

Symphyotricum oolentangiense (Sky Blue Aster)

Symphyotricum urophyllum (Arrowleaf Aster)

**Shade loving perennials**

**Spring**

Hydrophyllum virginianum (Virginia Waterleaf)

Lupinus perennis (Wild Lupine)

Viola sororia (Common Blue Violet)

**Late Spring**

Polemonium reptans (Jacob’s Ladder)

Viola pubescens (Downy Yellow Violet)

Zizia aurea (Golden Alexanders)

**Summer**

Eurybia macrophylla (Large-Leaved Aster)

Geranium maculatum (Wild Geranium)

**Late Summer**

Solidago caesia (Blue-Stemmed Goldenrod)

Solidago flexicaulis (Zigzag Goldenrod)